Computational Fluid Dynamics (CFD)-Based Dosimetry Modeling of the Respiratory System

Development, Application & Future Directions

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Modeling Approaches

✓ Whole-lung modeling

- MPPD for aerosol dosimetry
- Other examples
 - ICRP (1994, 2015)
 - NCRP (1997)
 - Trumpet model (Yu, 1978; Robinson and Yu, 2001)

Site-specific modeling

• Imaging-based CFD modeling for gases, vapors and aerosols

Hybrid/multi-scale modeling

- Combining whole-lung with site-specific modeling
 - Combining CFD with stochastic and idealized airway approximations
 - Combining CFD with individualized MPPD, airway/tissue mechanics, PBPK modeling



What is Computational Fluid Dynamics or CFD? In a nutshell...

- Numerical method for describing fluid flows
 - Navier-Stokes Equations that describe the flow of a viscous fluid
 - The solution is a flow velocity field over space and time
 - Solved using a 3D computational mesh with appropriate boundary conditions (e.g. shape, mechanical properties, fluid characteristics, pressure, etc.)
- Methods widely used in aerospace, automotive, energy, building HVAC, etc. industries to improve design, trouble-shooting, and decrease costs in product development



Source: Fluent News, 2005

What is CFD?

- Biological applications are a comparatively recent development
 - Heart function, blood flow, fluid-structure interactions





Why so few biological applications?

- Can be significantly more difficult to obtain 3D (and 4D) structures and boundary conditions than the physical sciences
- Math phobes still exist in biology
 - Generally requires inter-disciplinary teams
- Respiratory and Cardiovascular CFD are a rapidly growing area with the advent of new imaging, image analysis, and computational capabilities

Imaging-Based Anatomy

CT Scans: Airways \rightarrow Black; Bone/Pulmonary Vasculature \rightarrow White; Tissues \rightarrow Gray



Imaging Based CFD Model Development is Now Routine



Suite of Imaging-Based CFD Models & Data Sets for Model Performance Evaluation



Example Applications of CFD-Based Approaches

- Ex 1: Multi-scale CFD/PBPK for reactive aldehydes
- Ex 2: CFD/aerosol dosimetry for cross-species and IVIVE
- Ongoing/future directions: Multi-scale CFD/Whole Lung/Aerosol dosimetry including disease influences



Ex 1: Multi-Scale CFD/PBPK for Reactive Aldehydes

Formaldehyde $H_2 C^{0}$ Acetaldehyde $\int_{1}^{C} CH_3$ Acrolein $\int_{1}^{C} CH_2$

- Important industrial chemical intermediates, by-products of combustion, endogenously produced, or dietary sources
- Highly reactive, water-soluble vapors, difficult to directly measure in tissues
- Contact site irritation, inflammation, cytoxicity/degeneration, compensatory tissue remodeling, mutations
- Cytotoxicity & tumors in nasal and upper respiratory tissues of rodents drive many human health risk assessments
 - Systemic effects (e.g. leukemia, neurotoxicity, etc.) following inhalation exposures <u>controversial</u>
- Smoking is a major source for human exposures
 - Published constituent risk comparisons lack species-specific dosimetry considerations
 - Obligate nose breathers vs. human nasal/oral breathing



Ex 1: CFD/PBPK for Reactive Aldehydes

Model Structure



Corley et al. Toxicol. Sci. 128(2012)500-516 Corley et al. Toxicol. Sci. 146(2015)65-88

Ex 1: CFD/PBPK for Reactive Aldehydes Surface Flux vs. AUC Tissue Concentrations



Ex 1: CFD/PBPK for Reactive Aldehydes Comparisons to Human Exposure via Cigarette Smoking



- Measured human puff profile (St. Charles et al. Inhal. Toxicol. 21(2009)712-718)
- Measured smoke compositions (Counts et al. Reg. Toxicol. Pharmacol. 41(2005)185-227) for representative puff concentrations
 - Acetaldehyde 1028 ppm (857 μg/cig)
 - Acrolein 94 ppm (100 μ g/cig)
 - Formaldehyde 108 ppm (61 μ g/cig)



Rat - Human comparisons based upon 'Hot Spot' AUCs and Exposure-Duration/#cigs per day Adjustments

Ex 2: CFD/Particle Dosimetry for Cross-Species & IVIVE

Syngenta's Source-to-Outcome Approach for Pesticide Re-Registration

 Replace requirement for 90-day rat inhalation toxicity study with *in vitro* studies in human cells coupled to enhanced characterization of exposure and target dose relevant to risk characterization (consistent with vision of NAS 2007 and 2012)

In vitro Testing Based Point of Departure using MucilAir™ from Epithelix



• EPA FIFRA SAP Review Meeting Dec. 4-7, 2018

Ex 2: CFD/Particle Dosimetry for Cross-Species and IVIVE Syngenta's Source-to-Outcome Approach for Pesticide Re-Registration

2.7 μm MMAD, 4.03 mg/L Aerosol used in Rat 2-Week Inhalation Study for both species





Ex 2: CFD/Particle Dosimetry for Cross-Species and IVIVE

Syngenta's Source-to-Outcome Approach for Pesticide Re-Registration



% Total Deposited (Nose – Trachea)

		-	-	-			
0.6	0.7	2.4	48.8	86.9	95.1	98.9	15

Ex 2: CFD/Particle Dosimetry for Cross-Species and IVIVE

Syngenta's Source-to-Outcome Approach for Pesticide Re-Registration



- Aerosols associated with worker exposures largely deposit in nasal vestibule
 - Peak regional airway exposures at 10-15 μm sized aerosols (excluding vestibule)
- <20% of regional airway surfaces receive any aerosol deposition at high, 1 mg/L exposure



Ex 2: CFD/Particle Dosimetry for Cross-Species and IVIVE Syngenta's Source-to-Outcome Approach for Pesticide Re-Registration

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EPA FIFRA SAP Review Meeting Dec. 4-7, 2018 Public Docket: https://www.regulations.gov/docket?D=EPA-HQ-OPP-2018-0517

Ex 3: Hybrid/Multiscale Models beyond CFD/PBPPK

Current State-of-the-Art for CFD/Whole lung Models

- Yin et al. (2010, 2013)
 - Moving 4D CFD plus 1D volume-filling airway skeleton
- Longest et al. (2012, 2016)
 - CFD airways to lobar bronchi coupled with Stochastic Individual Path (SIP) approximations of bronchioles plus acinar moving wall models 2000 2000
- Kolanjiyil and Kleinstreuer (2017)
 - Whole-lung airway model (WLAM) using CFD upper airways to lobar bronchi coupled to adjustable triple bifurcation units (TBUs)



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Ex 3: Hybrid/Multiscale Models beyond CFD/PBPK

Current State-of-the-Art for CFD/Whole lung Models

Our current approach (personalized vs. idealized airways; NIEHS MSM U01 ES028669)

- Takes advantage of our unique imaging and aerosol database
 - Experimental data on aerosol deposition and 4D imaging in same subjects (rat and human)
 - Included disease and healthy conditions (rat and human)
- Link CFD/Particle transport models with MPPD, 1D tissue mechanics and viscoelastic acinar ODE models for each individual
 - Incorporate imaging-based tissue mechanics
 - Utilize vasculature for personalized deep lung airway geometries for both CFD and MPPD configurations
 - Moving airways may be evaluated (if possible due to funding limits) but are actively pursued in other laboratories (i.e. Mullins, Perth; Feng, OSU; Lin, UI)



Personalized Aerosol Models & Influence of Disease

(1 µm Deposition (Darquenne et al. J. Aerosol Sci. 99(2016)27-39)



Personalized Aerosol Models & Influence of Disease

- Mechanics of the lung is implicit in its motion
- Rat model of COPD
 - Elastase-dosed rat (left lobe only)
 - CT images 11 times over 1-sec breathing cycle
 - Develop maps of ventilation and stress/strain relationships







Ventilation

CT (coronal)

Personalized Aerosol Models & Influence of Disease



Personalized Aerosol Models & Influence of Disease





CT Scans Each Volunteer @ FRC and FRC + 1 L fitted with mask used in studies Regional (bolus) vs total (continuous) & nasal vs. oral deposition with measured ventilation and +/- Heliox in same position (supine) as CT scans

Personalized Aerosol Models & Influence of Disease

Continuous Exposure



Aerosol Bolus Test

AHeterogeneities (Dispersion) and Flow Sequences (Mode Shift) with COPD



Mode Shift = $M_{ex} - V$



Darquenne et al. J. Aerosol Sci. 99(2016)27-39

Summary of Key Concepts

Time to develop 3D CFD-based models greatly reduced

- Imaging and new high-resolution 'omics are key enabling technologies
- Software and hardware infrastructure vastly improved over past decade
- Models based upon realistic anatomy, physiology, physics of airflow, and material transport
 - Minimizes assumptions and extrapolations
 - Significantly improves resolution in exposure-dose-response assessments
 - May be individualized to evaluate factors controlling variability

Animal use can be significantly reduced

- A variety of exposure conditions can be simulated across species
 - Exposures can be tested in silico before conducting experiments
 - Experimental design can be significantly improved
- Human equivalent concentrations (HEC) can be determined for points of departure (POD) in both *in vivo* and *in vitro* studies
- All models are available

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Existing templates enhance new model applications





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